



SEATTLE PARKS
AND RECREATION

Bitter Lake

COMMUNITY CENTER



Spring 2005

13035 Linden Ave N
Seattle, WA 98133
206-684-7524
Fax: 206-684-0858

Visit us at <http://seattle.gov/parks/>

Bitter Lake Community Center
13035 Linden Ave N
Seattle, WA 98133-7560
206-684-7524

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Bitter Lake Community Center

13035 Linden Avenue North

Seattle, WA 98133

Phone: 206-684-7524 Fax 206-684-0858

Visit us online at www.seattle.gov/parks!

Hours of operation

Monday & Tuesday 1 to 9 p.m.

Wednesday – Friday 11 a.m. to 9 p.m.

Saturday (through May 28*) 10 a.m. to 5 p.m.

Sunday Closed

*Closed Saturdays Memorial Day to Labor Day

Program Registration

Registration begins March 21.

Spring Sports registration began March 9, 2005.

Program Dates

April 11 – June 10, 2005

Holiday Closures

Monday, May 30, Memorial Day

Directions

Bitter Lake Community Center is located on Linden Avenue N and N 130th Street

Heading North on I-5:

- Take the 130th Street exit (#174).
- Go straight through the stop sign.
- Turn left onto 130th Street
- Follow 130th St about 1 mile, past Aurora Ave N to Linden Ave N and turn right.
- You will see the community center on your left. Park on the street or in the lot to the north of the center.

Heading South on I-5:

- Take the 145th Street exit (#175)
- Turn right onto 145th Street at the stoplight.
- Follow 145th about 1 mile, past Aurora Ave N, and turn left onto Linden Ave N.
- The community center will be on your right at the corner of Linden Ave N and 130th Street N. Park in the lot to the north of the center or on the street.

Mission

Seattle Parks and Recreation will work with all citizens to be good stewards of our environment, and to provide safe and welcoming opportunities to play, learn, contemplate and build community.

Management Staff

Ken Bounds, Superintendent

Christopher Williams, Recreation Director

Maureen O'Neill, Manager

Dave Gilbertson, Senior Coordinator

Center Staff

Barbara Wade, Center Coordinator

Brian Judd, Asst. Center Coordinator

Debi Belt, Maintenance Laborer

Joy House, Teen Development Leader

Troy Crossman, Recreation Attendant

Shannon Burns, Recreation Attendant

September Wilson, Recreation Attendant

Jason DeFreitas, Recreation Attendant

Payment

You can pay for classes and other activities by mail, in person during regular facility hours, or by telephone with a credit card. We accept Visa, MasterCard and American Express. Please make checks and money orders out to our Advisory Council. PLEASE NOTE: Payment is due when you register, unless we have indicated otherwise. If your check is returned for insufficient funds, your registration will be cancelled until you pay the amount due, plus a \$20 fee. (Credit card or cash only.) We are working on a system that will make online registration available.

Refunds

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

- Anyone who registers for a class, camp, special event or program that is cancelled for any reason by Parks and Recreation or the Advisory Council will receive a full refund.
- Anyone who registers for a day camp, trip, overnight camp, special event, or facility rental, and who requests a refund 14 days or more before its start (or before the second session of a class), may receive a refund minus a service charge.
- Anyone who registers for a day camp, trip, overnight camp, special event, or facility rental, and who withdraws from the activity fewer than 14 days before its start (or after the second session of a class), will receive no refund.
- Please read the entire policy, #7.16, for specific information.

Scholarships

Our Advisory Council wants to ensure that our activities, classes and sports are available to everyone, regardless of their ability to pay. The Council may choose to offer scholarships for qualified applicants. To apply for a scholarship, please talk to a member of our staff.

Volunteer Spotlight



Volunteers Make it Happen!

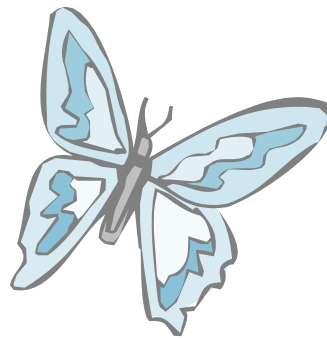
Ali Tarhouni is one of our many great volunteer basketball coaches. What sets Ali apart from the rest is his consistently positive attitude and focus on sportsmanship. He helps all the players on his team improve their skills, while having fun at the same time. The Bitter Lake staff has received compliments about Ali from many parents. He has provided a truly wonderful, enriching experience for all the players on his team. Thanks, Ali!

Spring Volunteer Opportunities

Please see the referenced pages for additional program information:

- Earth Day Neighborhood Clean Up — p. 6
- Bitter Lake Advisory Council — p. 23
- T-Ball/Softball Coach — below
- Teen Program Instructors — p. 12
- Spring Egg Hunt — p. 4
- Teen Flashlight Egg Hunt — p. 4
- Senior Tea Planning Committee (teens only) — p. 13
- Teen Advisory Council (teens only) — p. 13

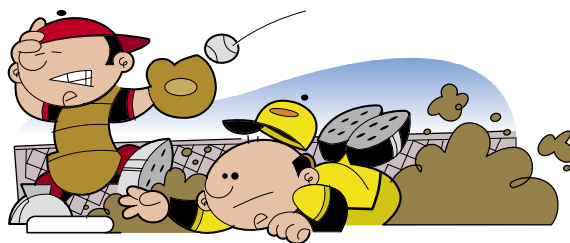
For more information, contact us at 206-684-7524 or barb.wade@seattle.gov!



Volunteer Baseball Coaches Needed!

Bitter Lake Community Center needs enthusiastic and fun adults (18 and up) to volunteer as coaches for t-ball, coach pitch, and softball. Volunteers are the backbone of our sports leagues; we could not do it without you! If you have a passion for baseball and would like to coach, please contact us: 206-684-7524.

All volunteers are required to fill out basic background check paperwork processed through the City of Seattle.



Special Events



Teen Flashlight Egg Hunt

Search for candy and prizes under the stars! This Spring Bitter Lake tradition is so much fun! Don't be late and don't forget your flashlight! No registration required — just show up!

Fri, Mar 25

7:30 – 9 p.m.

Fees: Free!



Spring Egg Hunt

It's time again for our annual egg hunt at Bitter Lake. This fun youth event is for children ages 2 to 10. There will be separate hunting areas for particular age groups. Everyone should meet at the Bitter Lake Annex (Broadview Gym). The hunt will begin at 10 a.m. Please bring a basket to gather your candy and eggs.

Age: 2 to 10

Sat, Mar 26

10 a.m.

Fees: Free!

Location: Bitter Lake Annex



Afternoon Tea

Come join us for Afternoon Tea at Bitter Lake Community Center. We will have a selection of teas for you to sample, along with a selection of sandwiches and crumpets to delight your palate. Ladies, make sure to wear your garden hats. Everyone else, come dressed in your Sunday best.

Age: All Ages

Sat, Apr 9

11 a.m. – 2 p.m.

Fees: \$2 for adults; \$1 for seniors, teens, and kids

Toddler Spring Fling

It's our regular Toddler Open Gym, only super sized! We'll have all kinds of fun with the giant jump toy, games, prizes, candy, popcorn, and more!

Wed, Apr 13

11 a.m. – 12:30 p.m.

Fees: \$2 per child

Location: Bitter Lake CC Gym



Special Events



Friday Family Skate Night!

Bring your family for a night of skating fun! Games, prizes, music, plus a whole lot of fun! Bring your own skates/blades or use a pair of ours. The snack bar will be open and sells candy, chips, juice, and more. Our party room is also available to rent for

your own special events — please call 206-684-7524!

Fridays 6:30 – 8:15 p.m.

Fees: \$3 per person

Location: The Annex

Science Nights!



Join us for any or all of these fun, interactive programs about science and nature. All of these events are family oriented and totally free of charge! These cool

programs are offered thanks to a partnership with Family Science, Seattle Audubon, and Pacific Science Center!

Stories of the Stars

Come gaze at the stars in the Science Center's portable planetarium! See the cycles of the moon and launch balloon rockets!

Wed, May 18

6:30 – 8:30 p.m.

Fees: Free



Parents' Night Out

It's your turn to take time off for yourself and go out for a night. Bring your child to the center for a fun night of activities and you can go out for dinner, a movie, or both!! Please pre-register by the Wednesday before the date. (Minimum of 8)

Instructor: Becca Moore

Fees: \$10

Spring Parents' Night Out Dates

Sat, May 7

6:30 – 9:30 p.m.

Sat, Jun 4

6:30 – 9:30 p.m.



Come Fish With Us!

Have you ever felt the sheer joy of yelling "I got one!"? Fishing is a lot of fun, and it's a sport the whole family can enjoy. Seattle Parks and the Washington Department of Fish and Wildlife are providing a great opportunity for Seattle kids to learn to fish—we offer it because we want to introduce more kids to sport fishing, which is a lifetime sport you can especially enjoy in Seattle with its abundant water.

This year's event, "Fishing Kids," will be at Green Lake Park from 9 a.m. to 2 p.m. on Saturday, April 23. Every child who participates will receive a T-shirt and a rod and reel to take home, and you'll even bring home a trout!

You'll learn about fishing, including water safety, different kinds of fish, how to cast, and what to do with a fish when you catch it.

To sign up any child from age 5 to 14, just ask for a form at any Parks and Recreation facility, and send it to the address on it with \$5 for each child participating. We look forward to seeing you on April 23!

Sat, Apr 23

Location: Green Lake Park



Special Events

Bitter Lake Community Center Spring 2005 6



Earth Month

Join your neighbors and friends as we show some pride in our community! April 22 is Earth Day — the perfect day to clean up our neighborhood. Pick up litter, mark storm drains, return shopping carts, and have a great time! Bring the whole family. Just show up at either of the two starting points: 1)The Bitter Lake Community Center Field House or 2)Madison Pool. You don't have to show up right at the start time in order to participate. Snacks will be provided! This is a Spring Clean Event.

Fri, Apr 22 4 – 6 p.m.



Toddlers/Preschoolers

Brain Play

Activities, play, and discussions on different areas of development. Discover what activities and toys best support your child's brain in making essential connections. This program is free; however, donations for materials are appreciated. This great program is offered in partnership with the North Seattle Family Center.

Age: Parents & children birth to 3 years

Wednesdays 10 a.m. – Noon

Fees: Donations Appreciated

Just Starting Sports

This class for kids ages 3 to 6 will introduce your child to the basics of sports. In this introduction to sports class, participants will get comfortable with their body movement and handling of sports equipment at the same time. Skill building and enjoyment are the emphases of this class for first timers.

Instructor: Zach Wilson

Age: 3 to 6

Tue 1:15 – 2 p.m.

Apr 19 – May 17

Fees: \$25

Little Hands Ceramic Class

Do you like to exercise your hands and mind with clay? Would you like to try something different from play dough? We will learn simple hand-building techniques to create houseware and garden objects, as well as making sculptures based on different stories. This is a class that parents and kids take together!

Instructor: Liang-Yin Chen

Age: 3 to 5 years old to with parent

Mondays 10:30 – 11:30 a.m. Apr 11 – Jun 6

Fees: \$40 per pair.

Discovery Corner Junior Preschool*

This class is the perfect early learning and socialization class for your toddler. Arts and crafts, stories, gym play, sharing, and more in a positive, creative, nurturing environment. A small snack is provided. Instructor is not required to change pants. Space is limited!

Instructor: Becca Moore

Age: 2 to 3½

Tue, Thu

Fees: \$95

9:30 a.m. – Noon

Discovery Corner Preschool*

Join the fun, make new friends and get ready for kindergarten too! Your child will learn the alphabet and numbers in a creative, loving, and positive environment. Activities include arts and crafts, science, music and gym and outdoor play. A mid-morning snack is provided by parents. Children must have independent toileting skills.

Instructor: Becca Moore

Fees: \$150

Morning Preschool

MWF

9:30 a.m. – 12:30 p.m.

Afternoon Preschool

MWF

1 – 4 p.m.

***Current Discovery Corner families may place a \$35 deposit for September preschool on May 2. On May 9, deposits will be accepted from the general public. Classes begin the week of Sept 12.**

Toddler Open Gym ★ New Times!★

There are tons of toys and equipment to play with that are safe and lots of fun! Bring your children to play and make friends! Please pay the entrance fee at the front counter.

Mondays & Tuesdays

1 – 2:30 p.m.

Fridays

11 a.m. – 12:30 p.m.

Fees: \$1



Toddlers/Preschoolers

Discovery Corner Summer Camp

Preschoolers will have a blast at Discovery Corner Summer Camp! Each week is filled with fun crafts, games, books, and activities relating to that week's theme. Sign up for one week - or all ten! It's a wonderful way for preschoolers to have fun while learning and socializing too! **Your awesome summer camp staff members are Rebecca Moore and Georgia Goldberg!**

Mon – Fri 9:30 a.m. – 1:30 p.m.

Fees: \$80 per week. (Week 3 is \$64 with July 4 off.)

Pre-registration for current Discovery Corner families is Wednesday, March 30 at 1 p.m. General Registration begins Wednesday, April 6 at 1 p.m. At the time of registration, payment for your first week is due in full and a \$15 deposit is due for other weeks. Don't wait — this popular camp will fill up fast!

Dinosaur Camp

Week 1: Jun 20 – 24

Make Fossils, scary sharp-toothed puppets and more as we take a closer look at the world dinosaurs.

Bug Camp 1

Week 2: Jun 27 – Jul 1

Kids will get a chance to see how and why insects and spiders do what they do. We'll be raising painted lady butterflies, ladybugs, crickets, and more in this hands-on, creepy, and crawly camp.

Let's Party!

Week 3: Jul 5 – 8

Happy Day! Let's celebrate celebrations! We'll make a piñata, bake a cake, put together grass skirts, and make fun masks. (No camp Monday, July 4. Fee prorated \$64.)

Ocean Antics

Week 4: Jul 11 – 15

Let's take a look at the world under the sea. We'll be making an ocean in a bottle, fishy kites, jellyfish desserts, and funky beach flip-flops.



Wild Things

Week 5: Jul 18 – 22

Take a trip into the world of truly wild and wonderful things. We'll learn about the lives of jungle animals. Explore the fun fantasy of unicorns and dragons, and even follow a map to pirates buried treasure!

Weird Science

Week 6: Jul 25 – 29

We'll make our own volcanic eruption, tornados in a bottle, kites, and soap.

Tool Time

Week 7: Aug 1 – 5

Build a birdhouse, racecar, and build and paint abstract art!

Little Picassos

Week 8: Aug 8 – 12

Kids will get a chance to work with real sculpting clay, paint a masterpiece on a real canvas, and create fun and cool things to wear.

Bug Camp 2

Week 9: Aug 15 – 19

Due to its popularity, bug camp is offered twice. The two camps are similar in content.

Oh, the Drama!

Week 10: Aug 22 – 26

We'll be putting on a play, making costumes, and learning what goes into a Broadway production.



BIG BLAST School Year Childcare Program

This DSHS-licensed child care serves youth in Kindergarten through fifth grade. A variety of activities is available to satisfy various interests and age groups. The activities include art and cooking projects, gym games, outside play, and much more. A light snack is provided. Fees are monthly. Call 206-684-7524 to ask about openings.

Year-Round Director: Zach Wilson

Age: Kindergarten to 5th Grade

Before and After School Care

Before School Care

Mon – Fri 7 – 9 a.m.

After School Care

Mon – Fri 3:10 – 6 p.m.

Fee Table*

	Before School	After School
5 days/wk	\$150	\$230
4 days/wk	\$147	\$220
3 days/wk	\$111	\$165
2 days/wk	\$74	\$110
1 day/wk	\$38	\$55

*Explanation of Fees: The standard monthly Before and After School program fees are calculated by determining the school year cost and dividing by ten. This averages the cost of the programs over 10 months and allows for a consistent fee. For example, the same fee is charged for a full month (September) and a holiday month (December).

Kids Cooking Petit Gourmet

In this fun cooking class, participants will learn the joy of preparing, cooking, and tasting creative and yummy dishes. They will learn their way around the kitchen, learn to read recipes, and be exposed to a variety of ingredients. Rosangela is a professional caterer who has taught classes to youth and adults for over 15 years.

Age: 8 to 13

Mondays 4:30 – 6:30 p.m. Apr 11 – Jun 6

No class May 30

Fees: \$50



Summer Day Camp

Mon – Fri 7 a.m. – 6 p.m.

Fees: \$135 per week (\$108 for week 2)

Registration begins March 29. At the time of registration, payment for your first week is due in full and a \$25 deposit is due for other weeks. We are also a DSHS licensed childcare site. You must have your approval paperwork at the time of registration.

Week 1 Jun 27 – Jul 1

Week 2* Jul 5 – Jul 8

*No camp Monday, July 4.

Week 3 Jul 11 – Jul 15

Week 4 Jul 18 – Jul 22

Week 5 Jul 25 – Jul 29

Week 6 Aug 1 – Aug 5

Week 7 Aug 8 – Aug 12

Week 8 Aug 15 – Aug 19

Week 9 Aug 22 – Aug 26



Kids

Chinese Painting and Bookmaking

Would you like to take an adventure in Chinese art? Would you like to create a Chinese-style painting book? This class will teach the techniques and complete process of making a Chinese painting book, including using sumi brush, Chinese painting calligraphy, seals, and paper making. At the end of the workshop, you'll go home with a great-looking Chinese painting book.

Instructor: Liang-Yin Chen

Age: 6 to 10

Mon, Apr 11 – Fri, Apr 15 10 – 11:30 a.m.

Fees: \$45 per child

Global Art Studio

Would you like to have an adventure through different cultures? Global Art Studio is a class using mixed media to create artworks. In the class, you will learn how people from different cultures create their artwork and the symbols or meanings of their work. We will take you to discover arts from India, China, South America, Japan, and Africa.

Instructor: Liang-Yin Chen

Age: 6 to 10

Mon, Apr 11 – Fri, Apr 15 12:30 – 2 p.m.

Fees: \$45 per child

Piano Lessons

Private lessons in 30 minute blocks for beginning or continuing students. Homework will be assigned, so access to a piano or keyboard is essential. Call 684-7524 to arrange a time. There will be a recital at the end of the quarter.

Instructor: Sean Barker or Kevin Johnson

Fees: \$88 per session

MTWF

3 – 7 p.m.

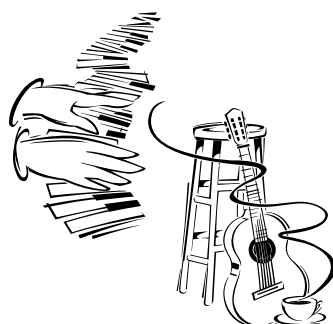
Session I

Mar 28 – Apr 29

Session II

May 9 – Jun 10

No class May 30



Beginning Guitar Lessons

Learn chords, strums, finger-picking and everything you need to know to start playing the guitar! Just bring your acoustic guitar and your fingers! It's fun to learn in this supportive group atmosphere. Ages 7 and above.

Instructor: Jon Walter

Mondays 5 – 6 p.m. **Apr 11 – Jun 13**

No class May 30

Fees: \$50

Intermediate Guitar

Know how to play the guitar a bit, but want to get better? You should already know basic chords and strums. This class will really help you improve!

Instructor: Jon Walter

Mondays 6 – 7 p.m. **Apr 11 – Jun 13**

No class May 30

Fees: \$50

Tap/Ballet/Gymnastics

Can't decide? Try them all! Join us as we learn tap dance, ballet, and gymnastics. Routines will be learned and performance opportunities will be offered. Dance attire required.

Instructor: Narda Curlee

Fees: \$70

5- to 8-Year-Olds

Mondays 4 – 4:45 p.m. **Apr 11 – Jun 13**

No class May 30

7- to 10-Year-Olds

Mondays 4:45 – 5:30 p.m. **Apr 11 – Jun 13**

No class May 30

Intermediate Gymnastics

Learn gymnastic routines and get a chance to perform! Girls: leotards or swimsuit and shorts. Boys: Short sleeved T-shirts with shorts or sweats. This intermediate class is lots of fun!

By invitation only.

Instructor: Narda Curlee

Mondays 5:30 – 6:30 p.m. **Apr 11 – Jun 13**

No class May 30

Fees: \$70

Kids

Advanced Gymnastics

This class is for those students who want to progress even further. Learn more complicated routines and get a chance to perform. **By invitation only.**

Instructor: Narda Curlee

Thursdays 4:40 – 5:45 p.m. Apr 14 – Jun 16

Fees: \$75

Karate-Butokukan

Improve your body and mind through techniques followed in this ancient martial art form. Learn basic strikes, kicks, blocks, and stances. Participants test for the belt rank at their own pace. **All levels welcome.**

Instructor: Roy Hoard

Wednesdays

7 – 9 p.m.

Fees: \$55

Roller Skating Lessons

Beginning and intermediate roller skaters and bladers, this is your chance to learn how to skate, or to improve your skills. After your lesson, you can practice your new skills during family skate night every Friday night!

Instructor: Donna Ely

Fees: \$25 per session

Location: Annex

Fridays

5:15 – 6:15 p.m.

Session 1

Apr 8 – May 13

No class April 15

Session 2

May 20 – Jun 17



Spring Girls Basketball League

This is a great opportunity to keep playing basketball into the spring. Girls, take all the new skills you learned this winter and keep improving in this great spring league!

Practice and game times to be decided. League starts in early April.

Location: Bitter Lake Annex

Fees: \$45 per player



Spring Sports

Spring is here — it's time to have fun outside! T-Ball, Coach Pitch, and Girls Softball games are on Saturday mornings and afternoons. Practice days and times are determined by the availability of volunteer coaches. Track practices and meets

are weekday evenings. If you would like to be a volunteer coach – we need you! Please call 206-684-7524 for more information. Registration begins March 9.

T-Ball

This introduction to sports focuses on skill development and a fun experience. Teams play against other Bitter Lake teams. All practices and games will be at the Bitter Lake fields.

Age: 5 to 7

Fees: \$35

Girls Softball

Age groups are 10 to 11, 12 to 13, and 14 to 17. Teams play other community center teams. Players need a birth certificate copy at time of registration.

Age: 10 to 17

Fees: \$40

Coach Pitch Softball

Join this fun program geared towards skill building and teamwork. Teams play other Bitter Lake teams.

Age: 8 to 9

Fees: \$35

Track and Field

Develop and improve your running, jumping, endurance and track skills. Compete against other community centers. Meets are at Nathan Hale and West Seattle Stadium.

Age: 7 to 17

Fees: \$35

Teens

Leaders in Training (LIT)

The ARC Opportunity Fund has provided Bitter Lake Community Center with funding to continue and expand its LIT program. LIT is intended for teens too young and/or inexperienced to enter the workforce. LIT serves as a building block for teens to learn job and leadership skills important for future employability. Teens take part in several proven programs: The Prudential Points of Light Youth Leadership Institute, Youth Workers Certification Training (Y-Cert), Teen Trainers, and on-the-job training under the supervision of paid professionals. LIT is a stepping stone to self-sufficiency; upon completion of the LIT program, teens will have the skills necessary to obtain and hold jobs in multiple settings. Teens who complete the LIT program will receive a \$200 stipend.

Parent Information

- Teens must participate in the entire 9-week program.
- *Required* service project is at North Cascades National Park (3-day/2-night trip).
- Minimum age is 14; maximum age is 17 as of June 24, 2005.
- Program Dates: June 27 – August 26. No class days the week of July 25.
- Work Locations: Bitter Lake Community Center, Golden Gardens Bathhouse, Bitter Lake Annex
- Stipend: \$200
- Supervision: Adult professional staff

Teen Trainers

Focuses on training teens in communication styles, public speaking, facilitation, and other job-readiness skills. Teens will use these skills in the fall in the Bitter Lake Teen Advisory Council.

Points of Light Youth Leadership Institute

This leadership course includes 15 hours of service-learning projects, which can be used towards high school requirements. The 18 principles of leadership — including diversity, the creative leadership process, team communications, goal setting, decision making, and leadership 101 — will be taught through experimental exercises so teens can connect principles to behaviors.

On-the-Job Training

There are several jobs from which to choose:

- Senior Programs Aide
- Day Camp Assistant
- Recreation Aide
- Recreation Leader Assistant
- Retail Sales
- Wading Pool Assistant



Youth Service Workers Certification (Y-Cert) Courses

First Aid	4 hours
CPR	8 hours
Bloodborne Pathogens	2 hours
Résumé writing	8 hours
Interviewing skills	8 hours
WA State Food Handlers Permit	4 hours
Personal economics	8 hours
Basic Childcare	6 hours
Total	52 hours

Application Process

Entrance into the LIT program is competitive. **Application deadline is June 11.**

In a letter, briefly answer the following questions. Your answers should be no longer than one-half page in total length.

1. Why do you want to be a part of LIT?
2. How are you currently involved in your community?
3. Please provide a short biography (no more than 100 words) including your involvement in the community and hobbies.

Please provide one letter of recommendation from a teacher, employer, religious leader, or someone outside of your immediate family that knows you well.

Please return application to: Joy House, Teen Development Leader, Bitter Lake Community Center, 13035 Linden Ave N, Seattle, WA 98133-7560.

Teens

Teen Entrepreneur Club

You don't have to **take** a job; you **make** the job! Teens will learn to manufacture, market, and sell an art-based product while organizing and operating their own business. BL-TEC will offer instruction in business layout and visual and graphic design, with workshops on retail management, marketing principles, and customer service, all while giving you the opportunity to put theories into practice.

Dates and Time TBD; please contact Joy for registration.

Age: 14 to 18

2005 Youth Education & Job Fair

Come meet prospective employers for summer work! Come dressed in business attire, bring a current résumé and be prepared to interview. Seating limited to first 10 registrations.

Age: 16 to 20 only

April 13 10 a.m. – 2 p.m.

Location: Rainier Community Center, 4600 38th Ave S, Seattle, WA 98118

Fees: Free

Grub Club

Hungry? Broke? Don't know how to cook and wouldn't try for fear of burning down the house? Grub club is an informal environment where you can hang with your friends, learn to cook good food and eat for a buck!

Age: 13 to 17

Fridays 3 – 5 p.m. Apr 1 – Jun 10

Fees: \$1 per class



Teen Advisory Council

The Bitter Lake Teen Advisory Council (TAC) is the hotline to all your service hour needs. Whether you need community service hours or an advisor and location for your senior project, the Bitter Lake TAC is the place for you. TAC members learn to organize, promote, and put on all types of events as well as learn techniques on public speaking, résumé writing, personal economics, communication skills, teamwork, and influencing others.

Wednesdays 5 – 7:30 p.m.

Fees: Free!

Senior Tea Planning Committee

Need service learning hours? Like to do nice things for others? Learn event planning with us as we organize, prepare, and serve an old English style high tea party honoring the people in our community.

Tuesdays 5:30 – 7 p.m. Mar 22 – Apr 6

Fees: Free!



Teen Late Night — North End

Oh Yeah! The freedom to hang with your friends and maybe shoot some hoop, watch a movie, or play a rip roaring

game of kickball. It's your weekend; let's start it off right!

Age: 12+

Fri, Sat

Fees: Free

7 – 11 p.m.

Friday Nights at Green Lake

Location: Green Lake Community Center

Saturday Nights at Bitter Lake

Location: Bitter Lake Annex



Teens

Beginning Guitar Lessons

Learn chords, strums, fingerpicking and everything you need to know to start playing the guitar! Just bring your acoustic guitar and your fingers! It's fun to learn in this supportive group atmosphere. Ages 7 and above.

Instructor: Jon Walter

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No class May 30

Fees: \$50

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Fees: \$50

Karate-Butokukan

Improve your body and mind through techniques followed in this ancient martial art form. Learn basic strikes, kicks, blocks, and stances. Participants test for the belt rank at their own pace. **All levels welcome.**

Instructor: Roy Hoard

Wednesdays 7 – 9 p.m.

Fees: \$55

Kendo

Kendo, a highly technical Japanese sport, develops eye-hand coordination, self-discipline, and the basic principles of self-defense.

Instructor: Jeffrey Marsten

Age: Teens and up

Fees: \$55 per session

Session 1

Thursdays 7:40 – 9 p.m. Mar 17 – May 19

Session 2

Thursdays 7:40 – 9 p.m. May 26 – Aug 11

No class June 30

Spring Girls Basketball League

This is a great opportunity to keep playing basketball into the Spring. Girls, take all the new skills you learned this Winter and keep improving in this great Spring league! Sign up as a team.

Fees: \$45 per player

Location: Bitter Lake Annex

June 23 – August 18

Teens Only Drop-In Basketball

The gym is open in between programs for free shoot. Everyone is welcome! Free shoot is very limited starting in November due to the youth basketball season. **Schedule subject to change.**

Mon 3 – 6 p.m.

Thu 3 – 6 p.m.

Tue 3 – 5 p.m.

Fri 3 – 5 p.m.

Wed 3 – 6 p.m.

Teen Summer Camp



This summer camp experience is just for teens, from 6th to 8th grade! Enjoy regular field trips to the

beach, the mall, Pike Place Market and more! Meet new friends and have a summer filled with swimming, games, crafts, community service projects and more!

Registration begins Wednesday, March 30.

Payment for the first week of camp is due in full at the time of registration. A \$25 deposit is due for all other weeks.

Age: 6th through 8th graders

Week 1 Jun 27 – Jul 1

Week 2 Jul 5 – Jul 8

No camp Monday, July 4.

Week 3 Jul 11 – Jul 15

Week 4 Jul 18 – Jul 22

Week 5 Jul 25 – Jul 29

Week 6 Aug 1 – Aug 5

Week 7 Aug 8 – Aug 12

Week 8 Aug 15 – Aug 19

Week 9 Aug 22 – Aug 26

Adults

Adult Drop-in Sports

Age: 18 and up

Location: Bitter Lake Gym

Please note: schedule subject to change.

Lunch Time Pick-Up Basketball

Looking for a group of people to play basketball with during your lunch hour? Want to find a place where you and other adults can have the court to yourselves? Come down to Bitter Lake CC on Wednesday afternoons to get in shape and get in the game!

Wednesdays 11:30 a.m. – 1:30 p.m.

Fees: \$2 drop-in fee per visit

Dodge Ball

Drop by for dodge ball! Come alone or with friends to enjoy the latest adult craze!

Wednesdays 6 – 8 p.m.

Saturdays 1 – 3 p.m.

Fees: \$2 drop-in fee per visit

Table Tennis

Drop in and play against other skilled players. World Champion, Yi Yong Fan, leads this popular program. Players of all ages and levels welcome.

Tuesdays & Fridays 5 – 9 p.m.

Saturdays 9 a.m. – 1 p.m.

Fees: \$4 drop-in fee per visit

Volleyball

Looking for a place to play some sets of volleyball? Monday nights at Bitter Lake are reserved for drop-in volleyball. We have the nets and poles, you bring the volleyballs and your friends!

Mondays 6 – 8 p.m.

Fees: \$2 drop-in fee per visit

Co-Rec Softball

Join the fun in Bitter Lake's popular co-rec softball league! Sign up early, this popular league is always packed!

Sundays 9 a.m. – 5 p.m.

Fees: \$695 Per Team

Men's Basketball League

Call early, these popular leagues are always in demand!

Sundays

9 a.m. – 5 p.m.

Fees: \$585 Per Team

Yoga

Would you like to learn the basics of yoga? Are you looking to take some time away from your busy life? Sign up for Adult Yoga. Not only will you be able to relax and learn something new, but you will also get into great shape in the process!

Saturdays 3 – 4 p.m. Apr 2 – Jun 18

Fees: \$55; \$7 drop-in fee

Jazzercise

The world's largest dance fitness program combines total body conditioning, the benefits of aerobics with the fun of dance. Each class is one hour long and includes warm-up, aerobics, toning, strengthening, and cool-down. **This is a paid advertisement. This class is not operated by Bitter Lake Community Center.**

Instructor: Kathy Batson and Sandy Ziegler

MWF

9:30 – 10:30 a.m.

Tue, Thu

6:30 – 7:30 p.m.

Saturdays

9 a.m. – 10 a.m.

Fees: \$7 per class; \$30 for 5 classes (new student special) *monthly passes available*

Gardening for Spring!

Come join a Master Gardener to learn the basics on how to begin your spring gardening. Sign up for one or more of the sessions that interest you!

Fees: \$30 per session (includes all supplies).

Saturdays 2:30 – 4 p.m. Mar 28 – Jun 19

#1 Apr 2 Basics of Garden Designs

#2 Apr 9 Building Soil

#3 Apr 16 Lawn Care and Lawn Alternatives

#4 Apr 23 Organic Pest Management

#5 Apr 30 Herb Gardening and Container Gardening/Design

Adults



Hapkido

Hapkido is a Korean martial art. Hap translates as harmony, Ki is intrinsic energy, and Do means "way". It is an integrated art of kicking, striking, patterns (series of arranged moves), and throws. Weapons included. Hapkido is an excellent art for self-defense while focused on physical and mental health while being in harmony with one's environment. Tenets such as courtesy, patience, and right behavior are practiced by the students and instructors.

Instructor: Susan Mix

Three Days a Week

\$99

Mon, Tue, Thu 4:30 – 6 p.m.
No class May 30

Two Days a Week

\$75

Tue, Thu 6:30 – 8 p.m.

Kendo

Kendo, a highly technical Japanese sport, develops eye-hand coordination, self-discipline, and the basic principles of self defense. Participants advance at their own rate.

Instructor: Jeffrey Marsten

Fees: \$55 per session

Session 1

Thursdays 7:40 – 9 p.m. Mar 17 – May 19

Session 2

Tue, Thu 7:40 – 9 p.m. May 26 – Aug 11
No class June 30

Karate-Butokukan

Improve your body and mind through techniques followed in this ancient martial art form. Learn basic strikes, kicks, blocks, and stances. Participants test for the belt rank at their own pace. **All levels welcome.**

Instructor: Roy Hoard

Wednesdays 7 – 9 p.m.
Fees: \$55

Adult Ceramics Class

This class is for adults who love to express their talents in clay. Hand-building methods will be taught, including slab and coil, as well as surface treatments, such as flute, facet, and much more. The classes will emphasize on functional house-ware and garden sculptures. No prior experience is needed.

Instructor: Liang-Yin Chen

Age: 18 and up

Thursdays Noon – 2 p.m. Apr 14 – Jun 2
Fees: \$50

Beginning Guitar Lessons

Learn chords, strums, fingerpicking and everything you need to know to start playing the guitar! Just bring your acoustic guitar and your fingers! It's fun to learn in this supportive group atmosphere. Ages 7 and above.

Instructor: Jon Walter

Mondays 5 – 6 p.m. Apr 11 – Jun 13
No class May 30

Fees: \$50

Intermediate Guitar

Know how to play the guitar a bit, but want to get better? You should already know basic chords and strums. This class will really help you improve!

Instructor: Jon Walter

Mondays 6 – 7 p.m. Apr 11 – Jun 13
No class May 30

Fees: \$50

Money Sense Seminar Free!

The Money Sense Seminar provides students of all ages with a comprehensive examination of income, expenses, cash flow, debt management, and the role of consumer credit. Participants will obtain tools, strategies, and best practices to analyze their current financial situations and build action plans to improve their financial futures. Offered in partnership with the Consumer Education and Training Services (CENTS) program of Seattle.

Age: This seminar is open to all adults.

Tue, May 10 6 – 8 p.m.

Adults

English as a Second Language

This is a conversational class designed to help beginning and intermediate ESL (English as a Second Language) learners adapt to their new culture while improving their English skills at the same time. This program is offered in partnership with The Literacy Council of Seattle and North Seattle Community College.

Mon – Fri 9:30 – 11:30 a.m.

Fees: Free!



Middle Eastern Cooking

You've had falafel, tabbouli and hummous, but how do you make these delicious Middle Eastern foods at home? Come learn from Ferial Farhat, a Beirut, Lebanon native. Ferial, a former professional caterer, will teach you how to create these popular foods, along with other dishes. The best part? You'll eat the meals and take home a mini-cookbook at the end of the class.

Instructor: Ferial Farhat

Age: Adults

Wed 6:30 – 8:30 p.m. Apr 5 – Apr 26

Fees: \$75 (includes supplies)

Parents on the Go: Gourmet Cooking Made Easy

Learn to cook different ethnic meals as each class will focus on food from a different country! Learn about various spices as you cook easy, fast, and healthy dishes that taste gourmet! Wow your friends when you cook them a great international meal! No experience necessary.

Your instructor, Rosangela Seppela, is a professional caterer who has taught classes to youth and adults for over 15 years.

Age: 18 and up

Tuesdays 6 – 8 p.m. Apr 12 – May 4

Fees: \$75

Senior Adults



The Needlers

Join this group of needle-working seniors and work on a project of your own. It's a time to talk and share each other's company. The group meets every second and fourth Tuesday of the month. Drop in, it's free!

Second and Fourth Tuesdays Noon – 3 p.m.

Fees: Free

Senior Dance

Step out to the sound of our band, the Peptones, at our weekly Senior Adult dance! Enjoy good friends, refreshments, fun weekly themes — and of course, DANCING! Lucille Getchell is your lovely hostess who puts on a fabulous dance!

Thursdays 1 – 3 p.m. Mar 31 – Jun 16

Fees: \$2.50

Senior Adults

Northwest Senior Adult Registration Information

Stacie Sheridan, Recreation Specialist
206-233-7138

E-mail: stacie.sheridan@seattle.gov

Spring Quarter Dates: Apr 4 – Jun 17

No classes: Mon., May 30

Make-ups: We encourage you to make up cancelled classes at any other site in the city. Please inform the instructor that you're making up the class.

Class Registrations: Begin **March 21**.

Class times/dates/instructors are subject to change. Events with phone-in only registration are marked accordingly.

Trip Registrations are *phone-in only* beginning at **8 a.m.** on the **date listed** under each trip. You may sign up yourself and one other person. Trip dates, times and destinations are subject to change. When you call, leave your name, phone number, name of trip & pick-up site. You'll **ONLY** be called back if on the Wait List.

Please make checks payable to
Senior Adult Advisory Council ("SAAC")

Mail payments to: Senior Adult Programs,
Attn: Stacie, 8061 Densmore Ave N, Seattle,
WA 98103-4436. *Trip payments must be received at least 5 working days prior to trip.*

Van Pick-up available from Bitter Lake CC,
S-bound: 30 min. before trip time. N-bound: time listed. Please park your car on the upper road.

Aerobics \$20 – 1 day/wk

Instructor: Stacie Sheridan

Thursdays 9 a.m. – 10 a.m.

Body Conditioning \$25 – 1 day/wk

Instructor: Lauren Allen

Tuesdays 10:45 a.m. – 11:45 a.m.

Yoga & Meditation \$25 – 1 day/wk

Instructor: P. Federovich

Thursdays 10:15 a.m. – 11:15 a.m.

Drop-in Pickleball \$1 drop-in fee

Tuesdays 10:30 a.m. – 12:30 p.m.

Fridays 12:30 p.m. – 2:30 p.m.

Intermediate Bridge Instruction \$32.50

In-depth lecture on strategy. Optional playing time after. ACBL Accredited Instructor George Weaver.

Mondays 10:30 a.m. – 12:30 p.m.

Open Bridge Free

Bridge class is managed by Marsha (206-362-5571).

Thursdays 10:30 a.m. – 12:30 p.m.

Cooking \$10/class

Join Rosangela to create exciting dishes, receive recipes, and have lunch.

Instructor: Rosangela Seppela

Tuesdays 10:30 a.m. – 12:30 p.m.

Apr 5 Indian Cooking

Apr 26 Brazilian Cooking

May 3 Spanish Cooking

May 17 Greek Cuisine

May 31 Irish Cooking

Jun 7 Traditional Native American Recipes

Your Personal Herb Garden \$6

Design your personal herb garden and find the right herbs for you. We'll discuss different herbs for theme gardening, specific uses, location, size, style, soil preparation, and composting. Bring a container to create an herb garden to take home and enjoy.

Instructor: Herbalist Steffany Neuschaefer

Sun, May 8 Noon – 1:30 p.m.

Hee Haw Hoedown \$7

Join in a heel stomping, knee slapping good time. You don't need a partner; wear your best western duds and grub down on great BBQ.

Register at 206-233-7138 and pay early so we have enough chicken.

Tue, May 10 10:30 a.m. – 1:30 p.m.

Senior Adult Field Trips

What's New in Seattle? \$4.50

Tour the rebuilt Urban Horticulture Library and the Japanese Garden and see spring in blossom. \$3.50 tour and lunch on your own. *S-bound*. Reg. Mar. 22.

10 a.m. – 3:30 p.m. Wed, Apr 6

A Day of Herbs \$9.50

Master Gardener Steffany Neuschaefer takes us on a stroll through the herb gardens, then we enjoy a scrumptious, melt-in-your-mouth, herbal luncheon. Complete the day with a relaxing five-step herbal facial. Lunch included. *S-bound*. Reg. March 23.

10 a.m. – 3:30 p.m. Wed, Apr 13

Olympia's Treasure \$7.50

Tour the Capitol to take in the history, government, and architecture. Lunch and free time on your own in downtown. Lots of walking, standing, and stair climbing. *S-bound*. Reg. April 5.

8:30 a.m. – 4:30 p.m. Wed, Apr 20

Seattle Rep: *Constant Wife* \$16

Constance Middleton is witty, intelligent, and her husband is having an affair with her best friend. What should she do? See it to find out. Lunch on your own. 2 p.m. show. *S-bound*. Reg. May 12.

11:45 a.m. – 5 p.m. Wed, Apr 27



For more information on these and other Senior Adult programs, please call 206-684-4951 and request our latest brochure..

Camano Island Studio Tour \$7.50

Visit 26 studios, 3 art galleries, and numerous private gardens. You'll get the chance to meet and talk with local artists! Lunch on your own in Stanwood. *N-bound*. Reg. April 19.

9 a.m. – 4:30 p.m. Fri, May 6

Viking Fest 2005 \$6.50

The Poulsbo's Viking Fest commemorates the Norwegian Parliament's adoption of its constitution on May 17, 1814. Join the fun with traditional food and music. Ferry fee included. Lunch on your own. *S-bound*. Reg. May 3.

8:45 a.m. – 4:30 p.m. Fri, May 20

Cougar Mountain Zoo \$13

A guided tour at this unique zoo that specializes in threatened and endangered species. \$7.50 tour and lunch at Gillman Village on your own. *S-bound*. Reg. May 3.

9 a.m. – 3:30 p.m. Wed, May 25

Where the Wild Things Are \$10

Tour Wolf Haven, a sanctuary for these special animals. Mima Mounds is an unsolved mystery of the Northwest. \$8 tour and lunch on your own at Lucky Eagle Casino. *S-bound*. Reg. May 10.

8 a.m. – 4:30 p.m. Wed, May 25

Antique Roses/Flower World \$7

Travel to a farm that has roses dating back to the 18th century! Then travel to the affordable Flower World. Lunch in Snohomish on your own. *N-bound*. Reg. May 24.

9 a.m. – 4 p.m. Wed, Jun 1

Will the Dome Blow? \$43

Take a chartered bus to Mount St. Helens. See the Visitor Center, then Coldwater Ridge where you can picnic with your sack lunch or eat in their cafeteria. We'll continue up to Johnston Ridge (tentative). \$4.50 park tour not included. *S-bound*. Reg. May 24.

8 a.m. – 7 p.m. Wed, Jun 15

The Pro Parks Levy is Making a Difference in Your Community

With funding approved for this eight-year levy by Seattle voters in 2000, we're building new parks, enhancing maintenance, and expanding programs throughout the city. Our recreation facilities are providing innovative teen programs that enhance self-esteem and build life skills, more environmental education to increase awareness about the wonders that surround us, swimming lessons for all 3rd and 4th graders to make sure every Seattle child knows how to swim, a wider range of activities for seniors, and more.

We're cleaning and removing litter from our facilities and parks more often; expanding park maintenance in the summer months, when use is high; and working

hard to maintain our valuable landscapes, trees, and other natural assets. Whether you prefer sports or quiet contemplation, there are more active play areas and passive park lands available for you. New things are happening every day, so keep an eye out for Pro Parks Levy signs in your neighborhood!



Pro Parks Levy



ENVIRONMENTAL STEWARDSHIP

Earth Day • 2005

APRIL IS EARTH MONTH AT SEATTLE PARKS!

Seattle Parks and Recreation is celebrating Earth Day (April 22) in many ways in every corner of our great city. Here are just some of the ways you and your family can get involved throughout April and 2005:

- Carkeek Park/Pipers Creek 25th Annual Earth Day Festival, 206-684-0877
- Licton Springs forest restoration work party, 206-615-0691
- National Youth Service Day (April 16), Kinnear Park, 206-615-1727
- Care for Seattle's urban waterways, as a Creek Steward or as a one-time volunteer, 206-684-4163
- Bitter Lake/Madison Pool Spring Clean Event, See page 6 for details

For information on other programs, please call Adam Cole at 206-733-9701, or visit the web at: www.seattle.gov/parks/Environment/earth.htm.

The City of Seattle, its citizens, and the Cascade Land Conservancy (206-292-5907, or on the web at www.cascadeland.org) have joined together in a 20-year effort to protect and restore our urban forest. Please join our efforts to keep our neighborhood forests sustainable so future generations can enjoy the many benefits they offer our city. There will be more than 50 Green Seattle Partnership events and work parties in 2005 beginning in April. Please call 206-733-9701 (or e-mail adam.cole@seattle.gov) for more information. Thank you!



Party with Us!

Skate Night Party Room Rental

\$40 for almost 2 hours! Perfect for a child's birthday party! You get a private room to eat cake and open presents in and you can roller skate right out of the room and into our Friday Family Skate night! Any Friday evening when school is in session, from 6:30 to 8:30 p.m. Bring your own skates or borrow a pair of ours. **\$40 for the room plus \$3 per person for skating.**

Private Skate Parties

Would your organization or school like to have its own private roller skating party? Bring your own skates or borrow ours. **\$3 per person, plus:**

Small Party: Up to 30 people, **\$50/hour**

Bring your own boom box and skate in our small gym. A staff person will be provided to supervise.



Large Weddings and Events

Hold your event in our large event room! Price includes room rental, use of kitchen, tables, and chairs for seven hours. Price also includes staff fees. **\$690.**



Basketball/Volleyball Rental

You get two hours of private court time! Grab your buddies and hit the court. Price includes staff fees and equipment. **\$105 for 2 hours.**



***There's fun for everyone at
Bitter Lake!***



Phone Numbers

Community Centers

Alki	684-7430
Ballard	684-4093
Bitter Lake	684-7524
Delridge	684-7423
Discovery Park	386-4236
Garfield	684-4788
Green Lake	684-0780
Hiawatha	684-7441
Highpoint	684-7422
Jefferson	684-7481
Langston Hughes Peforming Arts Center	684-4757
Laurelhurst	684-7529
Loyal Heights	684-4052
Magnolia	386-4235
Meadowbrook	684-7522
Miller	684-4753
Montlake	684-4736
Queen Anne	386-4240
Rainier	386-1919
Rainier Beach	386-1925
Ravenna-Eckstein	684-7534
Sand Point	684-4946
South Park	684-7451
Southwest	684-7438
Van Asselt	386-1921
Yesler	386-1245

Swimming Pools

Ballard	684-4094
Evans	684-4961
Madison	684-4979
Meadowbrook	684-4989
Medgar Evers	684-4766
Queen Anne	386-4282
Rainier Beach	386-1944
Southwest	684-7440
Colman (Summer only)	684-7494
Mounger (Summer only)	684-4708

Libraries

Ballard Library	684-4089
Beacon Hill Library	684-4711
Bookmobile/Mobile Services	684-4713
Broadview Library	684-7519
Capitol Hill Library	684-4715
Central Library	386-4636
Columbia Library	386-1908
Delridge Library	733-9125
Douglass-Truth Library	684-4704
Fremont Library	684-4084
Green Lake Library	684-7547
Greenwood Library	684-4086
High Point Library	684-7454
Lake City Library	684-7518
Madrona Sally Goldmark Library ..	684-4705
Magnolia Library	386-4225
Montlake Library	684-4720
NewHolly Library	386-1905
North East Library	684-7539
Northgate Temporary Service Site ..	386-1980
Queen Anne Library	386-4227
Rainier Beach Library	386-1906
Southwest Library	684-7455
University Library	684-4063
Wallingford Library	684-4088
West Seattle Library	684-7444

Neighborhood Service Centers (DON)

Ballard NSC	684-4060
Capitol Hill	684-4574
Central NSC	684-4767
Delridge NSC	684-7416
Downtown NSC	233-8560
Fremont NSC	684-4054
Greater Duwamish NSC	233-2044
Greenwood NSC	684-4096
Lake City NSC	684-7526
Queen Anne/Magnolia NSC	684-4812
Southeast NSC	386-1931
University NSC	684-7542
West Seattle NSC	684-7495

You can make a difference!

The Bitter Lake Advisory Council is a group of citizens dedicated to the enrichment of our community. Its support enables us to offer a variety of programs and services for people of all ages, abilities and backgrounds.

Bitter Lake's Advisory Council is always looking for new members. Meetings are held on the fourth Tuesday evening of every month to talk about programs, policies, and financial issues. Citizen direction and participation are vital to our continued success. Bitter Lake Advisory Council members also create scholarship opportunities through grant writing and other fundraising activities. If you'd like to get involved, please contact our staff.

Most classes, workshops, sports, and special events are funded through the Advisory Council rather than through Seattle Parks and Recreation. Revenues generated through program fees offset program costs to make Advisory Council activities self-sustaining. We rely heavily on program participation, donations, and contributions to buy, repair, maintain, and upgrade program equipment and supplies.

E-Brochures are available!

In keeping with our environmental stewardship policies, we're trying to reduce the amount of paper we use. We invite you to visit our web site at www.seattle.gov/parks. You can find this brochure information online.

Suggestions

We welcome your ideas. If you want to suggest a new class, or if you have an idea you think would benefit us or our community in general, please let us know.

Interested in teaching?

We're always looking for top quality instructors to offer unique courses. We choose class offerings based on participants' interest and space availability. If you have a special talent, skill, or knowledge you would like to share with others in a class or workshop format, please talk to a member of our staff.

Anti-discrimination

As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or the presence of any sensory, mental or physical handicap.

Accommodation for people with disabilities

We will make reasonable accommodation, upon request, for people with disabilities. For sign language interpretation, auxiliary aids or other accommodation, please call (206) 615-0140 or TDD (206) 684-4950. Please allow 10 working days' advance notice. If a class or activity is scheduled in an area not accessible for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

Rentals

All rooms at the Center, including the Gym are available for rental on an availability basis. Rates are reasonable, so schedule your next birthday party, wedding reception, or potluck event with us. For more information, please call 206-684-7524.

More information

For information about Parks and Recreation facilities, recreation programs, picnic shelters, and scheduling, please visit our web site at www.seattle.gov/parks, or call our Public Information line, 206-684-4075. For more information about programs for senior adults, please call 206-684-4951, and for information about programs for youth/adults with disabilities, please call 206-684-4950.

Fees and charges

Our Advisory Council provides the programs and activities listed in this brochure under an agreement with Seattle Parks and Recreation. Fees collected by the Advisory Council are used to offset the cost of providing the programs. Program charges include user fees of 3.25% \$1 per class, \$1.50 per workshop, and \$1.30 per participant in each athletic game, paid to Seattle Parks and Recreation to defray operating costs. People 60 and older are not charged these user fees unless there is a stated senior fee for a particular class. Class and program fees include Washington State sales tax where applicable.

Scholarships

Our Advisory Council wants to ensure that our activities, classes and sports are available to everyone, regardless of their ability to pay. The Council may choose to offer scholarships for qualified applicants. To apply for a scholarship, please talk to a member of our staff.

Waiting lists

We will create waiting lists for all filled classes. Please be sure to sign up if you are interested in a class that is full, because class openings often become available. If demand is high, we will try to form another class. Please contact us for space availability.

Class cancellations

To cover the cost of providing a program, we need a specific number of participants. If too few people sign up for a class, we must cancel it. We'll notify you (at the latest) one or two days before the class start date. When possible, we will postpone a cancelled class for a week to allow for more enrollments; if the class minimum is not met by then, we will have to cancel it.

Confirmations

Sorry, we cannot confirm class registration by mail or phone, but we will notify you by phone if your class is postponed or cancelled.